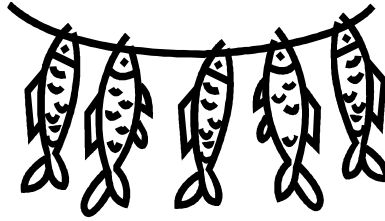


George's Place Fish Market

Local Seafood Market & Take-Out Seafood Deli



Baked Cod Fish with Creamy Tomato

1 ½ lbs Fresh Cod fillet
1 tbsp. butter
Salt & Pepper
4 tomatoes, sliced
2 cups Swiss cheese
½ cup half and half

Remove skin and bones. Dry with paper towel. Preheat oven to 375 degrees. Melt butter in baking dish. Place fish topped with tomato slices. Sprinkle with cheese and pour cream over all. Bake 25 minutes or until fish flakes.

Fun Fact:

Codfish eat everything from crabs & clams to herring and other fish. You can tell what the cod have been eating by the sharpness of their teeth.

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